

See-Over Prayers

[Expanded version from 5 Habits of a Woman Who Doesn't Quit]

For relationships that need healing:

God, your Word says in Ephesians 4:2-3, to be completely gentle and humble with each other and to make every effort to live in peace. Today I'm coming under Your cover so that you will **See Over** my relationship with [insert name.] Give me the strength to stay under your covering so that I can live at peace and love others the way you love them.

In Jesus' name, Amen.

For the hard days:

God, in 1 Peter 5:6-7, You give me a promise that I can cast all my anxiety on You because You care for me. Today feels hard and I'm not sure I can stick everything out. But right now, I'm coming under Your covering so that You will **See Over** my every anxious thought today. I know Your covering brings the promise that You care about everything I'm facing today.

In Jesus' name, Amen.

For sickness:

God, in Psalm 30:2, Your Word says I can call to You for help and You will heal me. Today I'm not well and I need your healing touch. So I'm coming under Your covering so that you will **See Over** me with Your power. Under Your covering I find rest, healing and the ability to be sustained from this sickness.

In Jesus' name, Amen.

For loneliness:

God, in Deuteronomy 31:6, Your Word promises me You are with me, no matter what. Today I feel incredibly alone and so right now, I come under Your covering so that you will See Over my heart. I know under your covering I find the strength to press on, no matter how alone I feel. Your cover brings Your presence.

That's enough for today.

In Jesus' name, Amen.

For depression:

God, in Philippians 4:8, Your Word says to set my mind on whatever is true, lovely, right, pure, excellent, and praiseworthy. Today my thoughts are leading me elsewhere and so right now I come under Your covering so that You will **See Over** my thoughts. I am able to set my mind in the right direction under Your cover.

In Jesus' name, Amen.